



# FEBRUARY 2024 XAXLI'P NEWSLETTER

**Wildland Firefighter Training**

**Available.**

**Apply Now**

**See poster inside newsletter.**

*Happy  
Valentine's Day*

Welcome 2023 Babies

St'at'imc Elders Luncheon.

Incentive Skills Program.

Heart Wellness Day.

Valentine's Dinner.

Dr. Humber Clinic

Elders Luncheon.

Winter Fun @ Kwotlenemo.

Family Community Gather-  
ing.

Parent Workshop.

Nutrition with Daline Roque.

P.A.G. Meeting.

Bill C-92 Community  
Engagement Meeting.

**BINGO! BINGO! BINGO!**



**SOUL**



**ROBYN**

**PLEASE JOIN US  
WELCOMING**

**XAXLI'P  
NEW  
BABIES OF  
2023**



**LEO**

**3 FEBRUARY 2024**

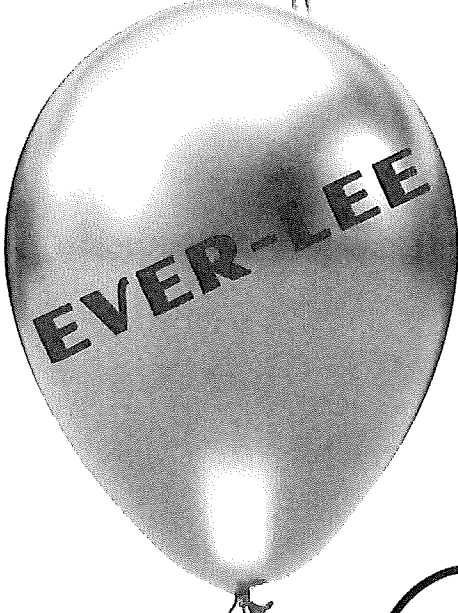


**LORIEN**

**12:00-4:00**

**XAXLI'P HALL**

**HAND  
DRUMMERS  
WELCOME**



**EVER-LEE**



**MICHEAL**

**CALL RACHEL FOR MORE INFO  
250-256-4800**

**Please Join us**

# Hawk Communications



**Xaxli'p is working towards improving the communication for membership, Staff & Chief & Council.**



**Place:  
Xaxli'p Hall**

**FEB, 5,  
2024**

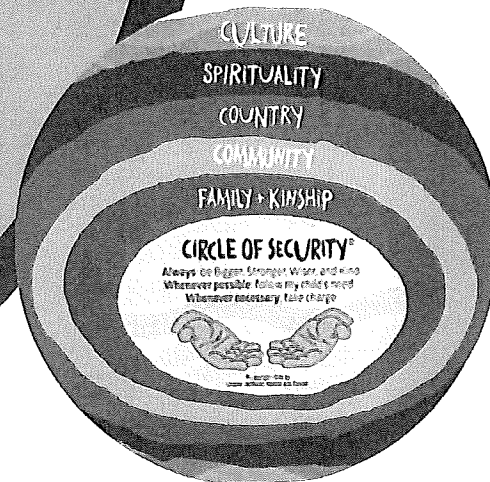
Join us virtual or in person.  
A Zoom link will be provided later  
for those that wish to join through  
virtual.

**Time: 5:00-7:00 pm -  
Presentation.  
Dinner  
Door Prizes**

## **WHAT IS HAWK COMMUNICATION APP**

- an integrated web & mobile app that manages communications directly to members.
- Real time updates, news , resources, events.
- Registration, polling, voting and urgent alerts
- Secure private system

# BILL C-92 COMMUNITY ENGAGEMENT MEETING



**PLEASE COME JOIN**

**“It Takes a Village to  
Raise a Child”**

- ✓ Looking for direction from Xaxli'p members for Bill C-92
- ✓ Needs Assessment? How to move forward.
- ✓ Does members want to bring Lawyers in for advice?
- ✓ Geographical Recording, Focus Groups In put.
- ✓ Child & Family Advisory Group? Do we move forward?
- ✓ Door Prizes
- ✓ Zoom link will be posted.

**Event Starts on:  
February 6, 2024**

**Where: Xaxli'p Hall  
Time: 5:00 pm**

**More information  
[capacitybuilding@xaxlip.ca](mailto:capacitybuilding@xaxlip.ca)**





**Xaxli'p Administration**  
Post Office Box 1330, Lillooet, British Columbia, V0K-1V0  
Phone: 250-256-4800 Fax: 250-256-0085 Email: [receptionist@xaxlip.ca](mailto:receptionist@xaxlip.ca)  
Office Hours: Monday – Friday 8:00am – 4:00pm



## **Catering Opportunity**

**HOST PROGRAM: Xaxli'p**

**EVENT: Bill C-92 Community Engagement Meeting**

**DATE: February 6, 2024**

**TIME: 5:00 pm**

### **Requirements:**

Breakfast  Lunch  Snacks  Supper  Refreshments

**ESTIMATED NUMBER OF PEOPLE: 40**

**As the cater you will be responsible for:**

- 1. Planning a healthy diabetic friendly and economical menu**
- 2. Purchase food and supplies including:**
  - Plates
  - Cups/glasses
  - Bowls
  - Cutlery
  - Napkins
  - Condiments
- 3. Meals prepared and served at the requested time.**
- 4. Clean up the hall, food, kitchen, stove, countertops and mop the kitchen floors.**
- 5. Wash used pans, pots, bowls knives etc.**
- 6. Provide and use hair nets, and gloves.**
- 7. Take out own trash to bin.**

**Submit bids, menu and copy of Food Safe Certificate at receptionist or email by  
February 2, 2024 to : [receptionist@xaxlip.ca](mailto:receptionist@xaxlip.ca)**



St'at'imc

44m · 🌐



The language class is cancelled for today. Sorry for the inconvenience.



**ST'AT'IMC**  
GOVERNMENT SERVICES

**Facebook Live Language  
Class with Elder Linda Redan  
is Cancelled Tuesday,  
January 30, 2024.  
We will be back on Tuesday,  
February 6, 2024.**

# INCENTIVE SKILLS PROGRAM

6 WEEK  
PROGRAM  
•  
JOB READINESS



Gift cards provided to each participant!

#### Offers:

- Social skills - communication
- 1<sup>st</sup> aid course
- Food safe Course
- Resume writing
- Some of the ideas that will be provided

Starts: Every  
Wednesday!

January 31, 2024 @ 11am –  
1pm – **some days will be a  
full day!**

Please contact Shonna  
J. or Brittany M., if you're  
interested, please call to  
sign up: @ 250-256-4800

# UNIVERSITY TOURS

Xaxli'p Education is providing **Xaxli'p Students** in **Grade 10-12** with the opportunity to visit universities.

Most of the trips will be **Overnight**,  
**Accommodation, Meals and Transportation is provided.**  
Sign up by calling or emailing the contacts listed below :)

## **S.F.U.**

(Simon Fraser  
University)

**February 9th &  
10th 2024**

## **T.R.U.**

(Thompson Rivers  
University)

**March 8th & 9th  
2024**

## **U.B.C.O.**

(University of British  
Columbia Okanagan)

**March 26th &  
27th 2024**

## **V.I.U.**

(Vancouver Island  
University)

**April 12th & 13th &  
14th 2024**

Contact: Brittany Mckay or Deannicka Adolph

250-256-4800

[edumanager@xaxlip.ca](mailto:edumanager@xaxlip.ca)

[eduassist@xaxlip.ca](mailto:eduassist@xaxlip.ca)



XAXLI'P HEALTH

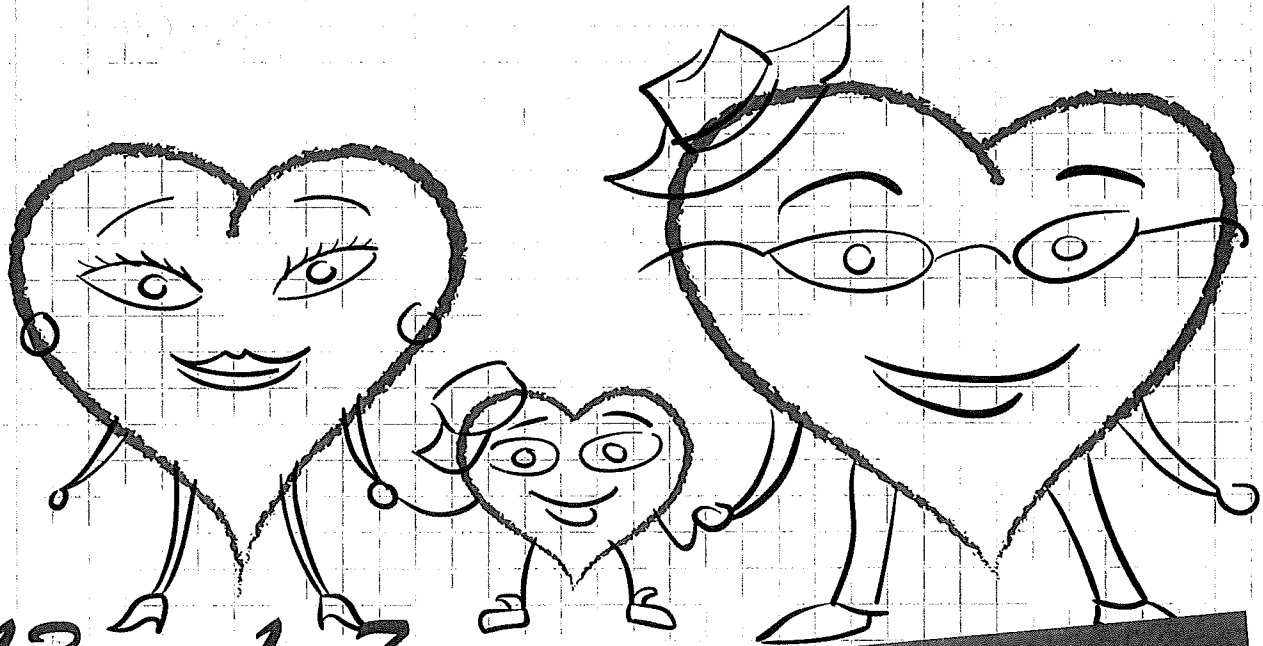
# HEART HEALTH/ WELLNESS DAY!

MASSAGES

NAILS

HAIR CUTS

BROW  
WAXING



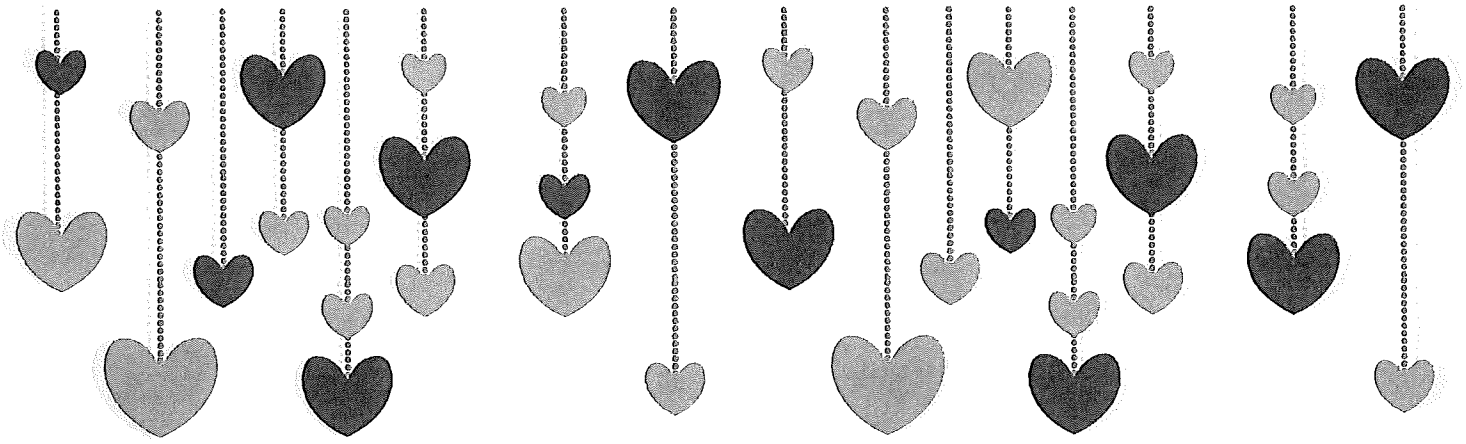
13 FEB 1-7 P.M.

XAXLI'P HALL

There will be blood pressures  
and info sessions for any  
heart health.

Healthy dinner will be  
provided!

Any questions please call  
250-256-4800 for Shonna or  
Rachel!



# VALENTINE'S DINNER & MOVIE FOR 2

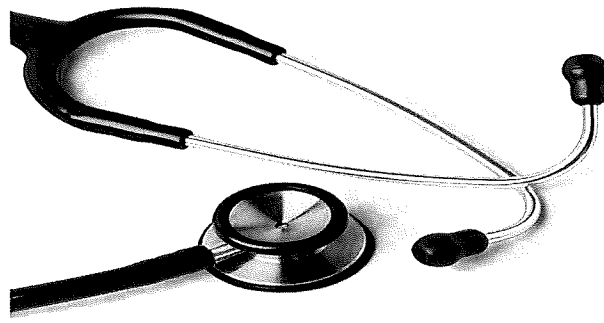
*Come and enjoy dinner with your loved one or a friend!  
Please RSVP and state if you have any food allergies!  
Please call 250-256-4800 for Shonna Jacob/Youth Coordinator*



FEBRUARY 14, 2024 @ 5PM

VALENTINES DINNER!

XAXLI'P HALL



# **Xaxlip Health Clinic**

## **Dr. Humber**

**Date:** February 14, 2024

**Time:** 1:00pm-4:00pm

To book appointment call

Karen Saul @ 256-4800 ex: 1310

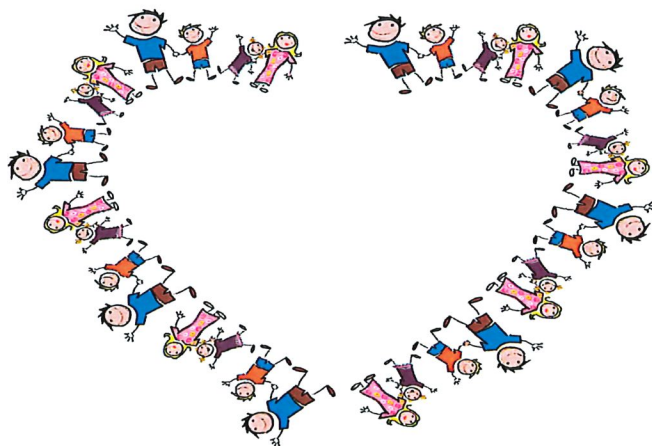
# Xaxli'p Elder's Lunch

Date: Thursday, Feb. 15, 2024

Time: 11:00 -socializing

11:30 – Students from G.M.  
Murray School will be coming  
they will do some drumming  
and have lunch, before they go  
back to school

12:00 – Lunch



*Alice*



# Winter Fun!

**February 16, 2024**

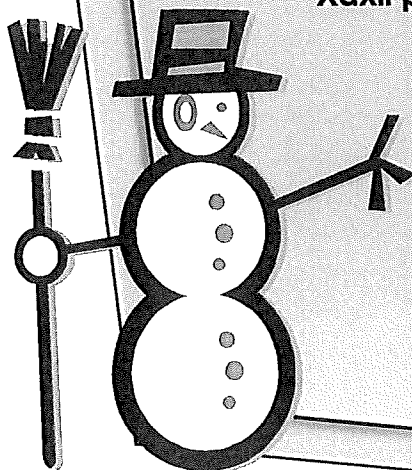
**Time: 11 am to 3 pm**

**Kwotlenemo Lake (Fountain)**

Come out and enjoy a day of ice fishing, cross-country skiing and skating, it will be a great time learning all the activities with family and friends. Snacks and door prizes will be available!

Any questions or concerns please call 250-256-4800 for Shonna or Rachel.

**Xaxli'p Health**



YOU ARE INVITED TO A  
**COMMUNITY  
GATHERING!**

**FOR FAMILY FUN  
DAY!**

**FEBRUARY 19, 2024**

**@ 11AM - 3PM**

**XAXLI'P HALL**

Lunch & snacks  
will be  
provided!

Door prizes!

Come out and enjoy a day with your family to do some fun activities!

For more information, please call Shonna J/Youth Coordinator @ 250-256-4800!

Everyone is welcome!

# Thrive Together Workshops for Parent's and Caregivers

Developed by Brad (RCSW) & DeeAnna (MSW) Dennis

## **Tuesday Evening 4:30-7:30 pm**

### Rhythmic Honouring of Life Bearers

Aimed towards Parent's and Caregivers of post-puberty Daughters. This workshop enhances a mother's understanding of their daughters' nurturing needs and the importance of their own self-care. Epsom salt foot baths and tea will be provided.

## **Wednesday Evening 4:30-7:30 pm + Dinner**

Family Life Session 1: Nurtured Roots - Self Care

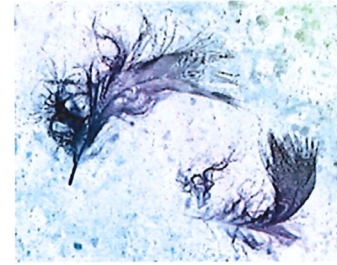
## **Thursday Evening 4:30-7:30 pm + Dinner**

Family Life Session 2: Interwoven Branches - Partnership Teamwork

## **Saturday Afternoon 11:00-2:00 pm + Lunch**

Family Life Session 3: Nourished Fruit - Relational Parenting

We invite and welcome all Parent's and Caregivers in the St'at'imc - Lillooet area to attend Thrive Together Workshops, especially those who have children and youth attending local schools.



## **PARENT WORKSHOPS XAXLI'P HEALTH DINNER/LUNCH PROVIDED CHILDCARE AVAILABLE**

February

20<sup>th</sup>, 21<sup>st</sup>, 22<sup>nd</sup>, 24<sup>th</sup>

**HOSTED & ORGANIZED BY**



**HEALTH, EDUCATION & HEADSTART**

## **Have any questions?**

### **Please contact:**

Brittany Chartrand, RN, BSN  
Community Health Nurse  
Xaxli'p Health  
250-256-4800 ext 1202  
CHN@xaxlip.ca



# Tree of Life

Decolonized Life Teachings

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## Thrive Together Workshops for Students

Developed by Brad (RCSW) & DeeAnna (MSW) Dennis

Workshop Facilitators, Brad and DeeAnna, provide consultation, training and coaching for aboriginal governments and organizations seeking to reclaim and restore traditional ways of wellness. They are invested in a Relational Parenting approach by decolonizing their family life wherever possible.

The workshops were designed for multiple learning styles in mind, using stories, interactive exercises, and visual aids. Ensuring that participants are engaged, having fun, and learning together is their main goal.

### **My Body is Sacred - Body Awareness & Boundaries**

Geared towards Grades 1 to 3 (ages 5-7), the session will be delivered to the children as one group, keeping the boys and girls together.

### **Life Bearer's Moon Cycles - Menstrual Cycle Intro**

This topic will be delivered to Grades 4 to 7 (ages 8-12) in separate groups, boys and girls.

### **Rhythmic Self Honouring as Life Bearers - Whole Body Wellness for Balanced Cycles**

Has been developed for students in Grades 8 to 12 (ages 13-18) but will be delivered in separate groups. Grades 8 to 9 and Grades 10 to 12, boys and girls separate.

## SCHEDULES

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### **CAYOOSH ELEMENTARY**

February 20<sup>th</sup>, 2024

Grades 1 to 3, 11:00-12:00

Grades 4 to 7, 1:00-2:00

### **GEORGE M. MURRY ELEMENTARY**

February 21<sup>st</sup>, 2024

Grades 1 to 3, 11:00-12:00

Grades 4 to 7, 1:00-2:00

### **LILLOOET SECONDARY SCHOOL**

February 22<sup>nd</sup>, 2024

Grades 8 to 9, 10:30-12:00

Grades 10 to 12, 1:00-2:30

### **HOSTED & ORGANIZED BY**



**HEALTH & EDUCATION**



# NUTRITION 6 WEEK PROGRAM

with Elaine Roque

JANUARY 19-FEBRUARY 23

10:00-12:00

Mark this date  
on your  
calendar.



Incentive for those who participate the 6 week  
Program.

Contact Rachel, 250-256-4800 to sign up

# P.A.G MEETING

Bring your ideas or concerns for  
our Xaxli'p students Education.  
Snacks will be provided!

February 27, 2024  
5pm Xaxli'p Boardroom  
Everyone Welcome



ANY QUESTIONS CONTACT:  
BRITTANY MCKAY  
EDUMANAGER@XAXLIP.CA  
250-256-4800

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# HOUSING DEPT

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## New 5 Plex

Applications are now **closed** for 1 bedroom applicants for the New 5 plex. We are no longer taking applicants for the 1 Bedroom units. Committee to review at the next Housing Committee meeting.

2 bedroom application deadline will be **Feb 6, 2024**. ONLY FULLY COMPLETED APPLICATIONS WILL BE REVIEWED AND FORWARDED to the Housing Committee.

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Please take time to welcome the Housing Committee Members:

Housing Portfolio: Jason Jacob & Rose Ellen Narcisse  
Community members: Carmen Nelson, Herman Alec and Rena Joseph.

# Wildland Firefighter Training Available

## APPLY NOW

See Attached Application Form for Course List

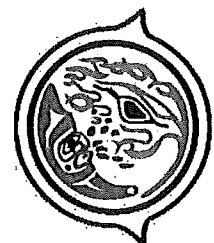
For First Nation individuals interested in becoming a Wildland Firefighter or interested in advancing your training.



Date and Time:

Location:

Contact:



**First Nations'**  
**Emergency Services Society**  

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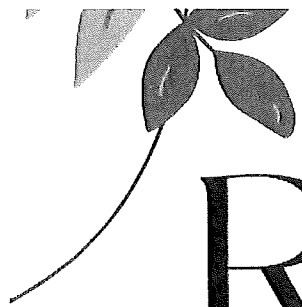
O F B R I T I S H C O L U M B I A

# Canada



| <b>COURSE CHECKLIST:</b>             |                                                                                                                                                                                       |                                                                | <b>Number of Students</b> |
|--------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------|---------------------------|
| Entry Level Requirements<br>≈ 2 days | S-100                                                                                                                                                                                 | Basic Fire Suppression                                         |                           |
|                                      | S-185                                                                                                                                                                                 | Fire Entrapment Avoidance                                      |                           |
| Type 2 Crew Members<br>≈ 3 Days      | S-211                                                                                                                                                                                 | The Fire Environment for Fire Fighters                         |                           |
|                                      | S-212                                                                                                                                                                                 | Fireline Communications                                        |                           |
|                                      | S-213                                                                                                                                                                                 | Use of Bulldozers and Heavy Equipment                          |                           |
|                                      | S-235                                                                                                                                                                                 | Ignition Operations (Burning Off and Backfiring)               |                           |
|                                      | I-100                                                                                                                                                                                 | Incident Command System 100                                    |                           |
|                                      | WHMIS                                                                                                                                                                                 | Workplace Hazardous Materials Information System               |                           |
| Crew Leader Specific<br>≈ 2 days     | TDG                                                                                                                                                                                   | Transportation of Dangerous Goods                              |                           |
|                                      | S-230                                                                                                                                                                                 | Single Resource Leader/Introduction to Supervision             |                           |
|                                      | S-241                                                                                                                                                                                 | Fire Assessment                                                |                           |
| Chainsaw<br>2-3 days                 | I-200                                                                                                                                                                                 | Incident Command System 200                                    |                           |
|                                      |                                                                                                                                                                                       | Power Saw Operator - Length dependent on instructor preference |                           |
| UNBC<br>2-3 days                     | <b>Danger Tree Assessment (DTA) – Wildfire Module</b><br><i>* Administered by University of Northern British Columbia, requires separate application through Wildfire Specialist.</i> |                                                                |                           |

If you have any questions please contact Albert Naknakin at the Xaxlip Admin Office 250-256-4800 or you may email [emergencycood@xaxlip.ca](mailto:emergencycood@xaxlip.ca)



# Reminder!

If you're interested in applying  
for Post Secondary funding for  
April 2024- March 2025  
submit your **Post Secondary  
Application** to Education

**DEADLINE: MARCH 24,  
2024**

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Contact: Brittany Mckay

250-256-4800



# February

ADJ GROUP BINGO CALENDER

2024

| Sunday | Monday                                 | Tuesday                                          | Wednesday | Thursday                                 | Friday | Saturday |
|--------|----------------------------------------|--------------------------------------------------|-----------|------------------------------------------|--------|----------|
|        |                                        |                                                  |           | 1                                        | 2      | 3        |
| 4      | 5<br>Xaxli'p Youth Bingo<br>6pm        | 6                                                | 7         | 8<br>Xaxli'p Homemakers<br>Bingo<br>6pm  | 9      | 10       |
| 11     | 12<br>Xaxli'p Elders Xmas<br>Bingo 6pm | 13                                               | 14        | 15                                       | 16     | 17       |
| 18     | 19                                     | 20<br>Xaxli'p Elders<br>Fundraising Group<br>6pm | 21        | 22<br>Xaxli'p Youth Bingo<br>6pm         | 23     | 24       |
| 25     | 26                                     | 27<br>Xaxli'p Elders Xmas<br>Bingo               | 28        | 29<br>Xaxli'p Homemakers<br>Bingo<br>6pm |        |          |
|        |                                        |                                                  |           |                                          |        |          |

# XAXLI'P ELDERS

**IN HALL OR VIRTUAL**

## **GAME**

**Monday Feb 12, 2024 and Tuesday Feb 27, 2024**

**Doors Open 4:30**

**Caller starts at 6:00 PM**

**\$40 Package (9up Book + 70% Special)**

**(Extra Regular books and Specials available)**

**First 5 are Regular Games**

**6<sup>th</sup> Game 70% Special**

**For more info please contact**

**Alice Saul, Jenn Doss or Anishia**



# Xaxli'p Youth Bingo

**Monday Feb 5, 2024 and**

**Thursday Feb 22, 2024**

**Xaxli'p Administration Building**

**Doors open at 4:30 Caller starts at 6 PM**

**\$40 a package (9up Book + 70% Special)**

**Extra Books and 70% Special available**

**In person**

**On Zoom**

**More information contacts: Shonna Jacob, Jenn Doss and Anishia**



# Xaxli'p Elders Fundraising Group

Hosting a

## 1000 MUST GO

Xaxli'p Admin Building

Tuesday Feb 20, 2024

Doors open at 5:30 Caller  
starts at 6:00 pm

\$40 a package includes 9up Book and a special (Extra  
books and specials available)

### VOLUNTEERS:

Charlotte Bob  
Jennifer Doss  
Anishia LeBourdais  
Willa Peters  
Koda James

Desiree Adrian  
Shirley Narcisse  
Angie Frank  
Lesley Bob  
Betty Diablo

**This G@ME is in person or Zoom**

Thank you for your support  
Xaxli'p Elders and Volunteers

# XAXLI'P HOME MAKERS

IN HALL OR ZOOM



Xaxli'p Administration Building

**Thursday February 8, 2024 and**

**Thursday February 29, 2024**

Doors open at 4:30 Caller starts at 6:00

**\$40 a package (includes 9up Book + 70% Special)**

**Extra books and Specials available**

**Raffle items are accepted**



Volunteers are: Jenn Doss, Deb Peters, Catherine Mitchell,  
Anishia, Brittany McKay and Chantell Casper



LILLOOET SECONDARY SCHOOL  
**VALENTINES  
POW-WOW**

 **FEB 14, 2024**   
**10:30 AM TO 6:00 PM**

*Wá7lhkálh áwan i skelkla7lhkálha*  
*(We are calling on our Ancestors)*

MASTER OF CEREMONIES:  
ROSALINDE NARCISSE

HONORING  
SPECIAL

LSS  
CONCESSION

ACTIVITIES FOR  
VISITING STUDENTS

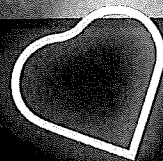
**CALLING ALL DANCERS  
&**

**BAGGED LUNCH  
PROVIDED**

**HAND DRUMMERS**

**PLEASE NO OUTSIDE  
RAFFLE OR FOOD SALES**

CONTACT:  
JESSICA DAN, ASSW  
PAM NAZIEL, ASSW  
DEANNA ALEC, ASSW  
(250) 256-4274



LOCATION:  
LILLOOET SECONDARY SCHOOL -  
ON THE TRADITIONAL &  
UNCEDCED TERRITORY OF THE  
ST'ÁT'IMC NATION

# LSS Powwow Agenda

February 14, 2024

10:30 Grand Entry, Welcome, and Opening Prayers

11:00 Dances, Singing and Hand drumming - gym activities

## Jr Categories ages 6-12

- Grass
- Jingle
- Fancy
- Traditional
- Chicken

## Intertribal Dances

### Golden Age Categories

- Grass
- Jingle
- Fancy
- Traditional
- Chicken

12:00 Bagged lunches will be provided

12:30 Hand Drumming, gym activities

1:00 Specials

## Teen Categories ages 13-18

- Jingle
- Fancy
- Traditional
- Chicken
- Grass

## Adult Categories

- Jingle
- Fancy
- Traditional
- Chicken
- Grass

4:00 Owl Dance

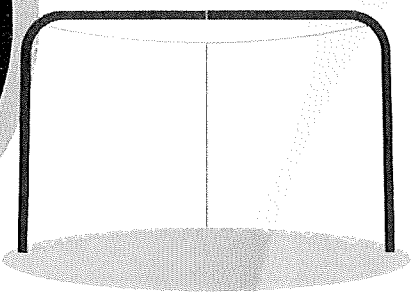
5:30 Closing remarks, Retiring Colors



# I·SPARC

Move | Play | Compete

Indigenous Sport,  
Physical Activity &  
Recreation Council



# YOUTH HOCKEY CAMP

- Open to all youth (U11 , U13, U15, 18F & U18 INT)
- Camp will feature skill development
- Please bring water bottle, hockey gear, and peanut-free snacks
- For those who need gear, there will be a limited amount available

## Event Inquiries:

**Deborah Peters**

Sport & Physical Activity  
Coordinator,  
Interior Region  
dpeters@isparc.ca  
250-856-0868

PRO D Day Camp

## MONDAY

JANUARY 29TH, 2024

9AM TO 3PM

930 Main St.  
Lillooet, BC



**FREE TO REGISTER  
DEADLINE JAN. 28**



<https://isparcbc.wufoo.com/forms/mthilzc18hmowk/>

PARTNER AGENCIES

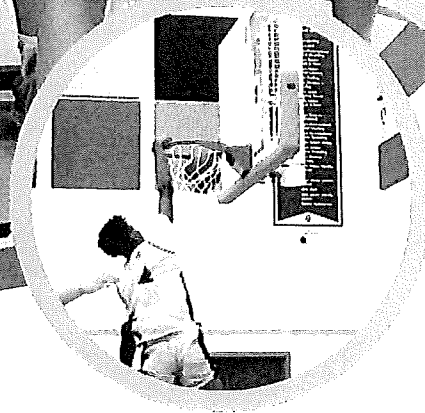
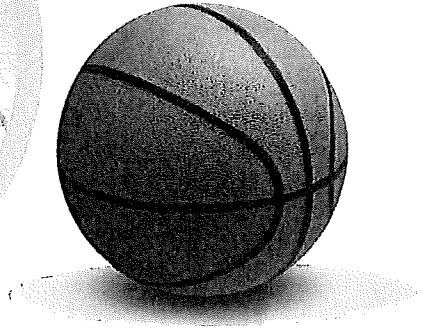




# I·SPARC

Move | Play | Compete

Indigenous Sport,  
Physical Activity &  
Recreation Council



# YOUTH BASKETBALL CAMP

- Camp will feature skill development
- Please bring water bottle, indoor shoes, and peanut-free snacks

## Event Inquiries:

**Deborah Peters**  
Sport & Physical Activity  
Coordinator,  
Interior Region  
dpeters@isparc.ca  
250-856-0868

**Rubin Williams**  
Rec. Coordinator,  
recreation@xwisten.ca  
250-256-7423 Ext. 247

6:30pm - 8:30pm

## WEDNESDAYS

JAN 24TH, 31ST & FEB 7TH  
12210 Joseph Rd  
Xwisten (Lillooet)

**FREE TO REGISTER**

## Registration

<https://isparcbc.wufoo.com/forms/m1pwpk2q0csobuo/>

PARTNER AGENCIES

## NEWSLETTER FOR FEBRUARY

### Planning to have the MEMORIAL FOR EDWIN DIABLO

- On April 20<sup>th</sup>, 2024-Saturday – at Xax lip Hall (Fountain)
- Time 12 noon
- There will be Speakers/Slide Show/Pictures/Give Away's/Meal/Drumming& Dancer's are welcome
- There will be fund raising luncheon's, there will be poster's out whenever the luncheon's are happening.
- Will have BINGO'S whenever we can get a lap top set up, as the regular caller's only call for Groups and Gatherings, and we have to have our own lap top's for the Bingo.
- Will have a Loonie Auction once we can get enough items, which donations are welcome. And thanks to the one's who have already donated, I appreciate it, hits the heart to know there are people like you out there.
- I am collecting empties, and can pick up if needed, just call
- There will be a FLEA MARKET on February 9th-Friday-10 a.m. - 2 p.m.  
\$10.00 per table contact myself or Sophie Link 250-256-1973
- We have had 2 luncheon's so far and a 50/50
- Anyone has any suggestion or donations please feel free to contact myself,  
Betty at 256-0039 or Sophie at above #
- Also asking for any other volunteer's to help with the fund raising and for running the Memorial, would appreciate the help.



# Flea Market

February 9, 2024

10:AM – 2:PM

Xaxlip Hall

\$10.00 Per Table

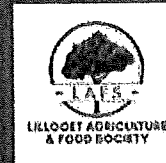
Contact Betty Diablo

(250) 256-0039

Kukwstumulhkal'ap



# It's Alive!



**Basic Soil Biology for Gardeners**  
**1-3:30 PM March 9th 2024**  
**at The Hub in Lillooet**

Join passionate organic gardener Daniel Kerlake for a free 2 hour exploration of soil biology for gardeners. We will learn about the soil food web and how to use techniques of regenerative gardening to restore and build healthy soils. A half hour discussion/question period will follow.

Topics to be covered: The mineral components of soil; basic soil biology; ways to build soil organic matter; Types of compost; How to make compost teas and extracts.



**Contact [lillooetfoodmatters@gmail.com](mailto:lillooetfoodmatters@gmail.com) to reserve your spot or to get a Zoom link for the event.**



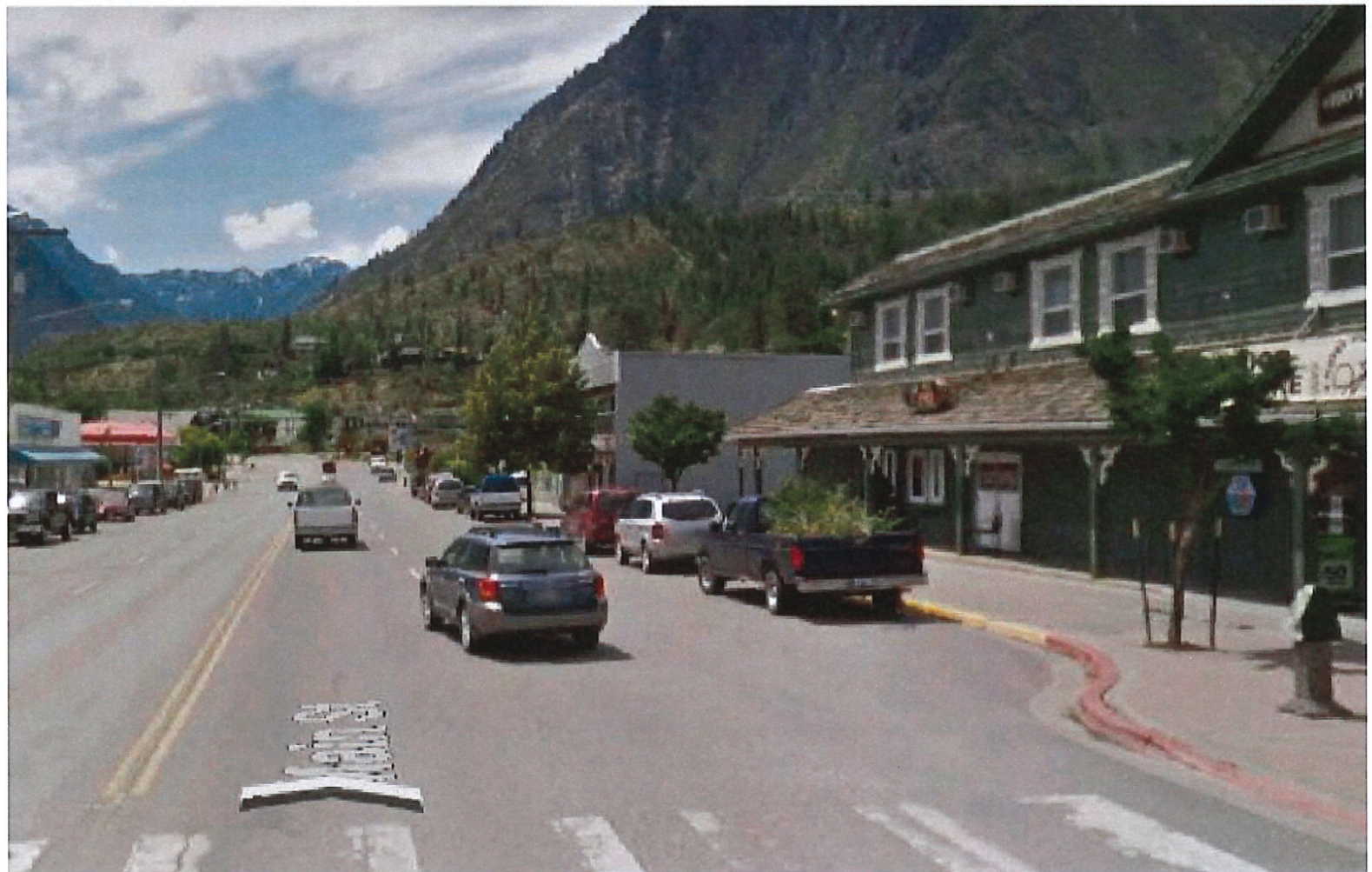
**Sustainable Canadian  
Agricultural Partnership**



**BRITISH  
COLUMBIA**

**Canada**

Funding for the Knowledge and Technology Transfer program is provided by the governments of Canada and British Columbia through the Sustainable Canadian Agricultural Partnership, a federal-provincial-territorial initiative.



# February 2023

Xaxli'p Volunteer Firefighter # (250) 256-7690

Xaxli'p Administration Office (250) 256-4800

| Sunday    | Monday                                                            | Tuesday                                                                          | Wednesday                                                                                                                                    | Thursday                                        | Friday                                                                         | Saturday                                           |
|-----------|-------------------------------------------------------------------|----------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------|--------------------------------------------------------------------------------|----------------------------------------------------|
|           |                                                                   |                                                                                  |                                                                                                                                              | <b>1</b>                                        | <b>2</b>                                                                       | <b>3</b> Welcome<br>2023 Babies<br>12PM -4:PM      |
| <b>4</b>  | <b>5</b><br>Hawk<br>Communications<br>5:PM – 7:PM                 | <b>6</b><br>Bill C-92<br>Community<br>engagement<br>Meeting 5:PM                 | <b>7</b><br>Incentive Skills<br>Program 11:AM –<br>1:PM.                                                                                     | <b>8</b>                                        | <b>9</b><br>Xaxlip Students<br>leave for S.F.U.<br>Flea Market<br>12:PM – 2:PM | <b>10</b><br>Xaxlip<br>Students at<br>S.F.U.       |
| <b>11</b> | <b>12</b>                                                         | <b>13</b><br>Heart Wellness<br>Day.<br>1:PM -7PM                                 | <b>14</b> ❤️<br>Valentines Dinner<br><u>@5:PM</u><br>Incentive Skills<br>Program 11:AM –<br><u>1:PM.</u><br>Dr. Humber 1:PM<br>– 4:PM-Health | <b>15</b><br>Elders Luncheon<br>11:AM           | <b>16</b><br>Winter Fun<br>11:AM-3:PM<br>Kwotlenemo<br>Lake                    | <b>17</b>                                          |
| <b>18</b> | <b>19</b><br>Family Day<br>Community<br>Gathering<br>11:AM – 3:PM | <b>20</b><br>Parent<br>Workshop<br>4:30-7:30<br>PM                               | <b>21</b><br>Incentive Skills<br>Program 11:AM –<br><u>1:PM</u><br>Parent Workshop<br>4:30-7:30 PM                                           | <b>22</b><br>Parent<br>Workshop<br>4:30-7:30 PM | <b>23</b><br>Nutrition with<br>Elaine<br>Roque<br>10:AM 12:PM                  | <b>24</b><br>Parent<br>Workshop<br>11:AM –<br>2:PM |
| <b>25</b> | <b>26</b>                                                         | <b>27</b><br>P.A.G. Meeting<br><u>5:PM Brdroom</u><br>Deadline for<br>Newsletter | <b>28</b><br>Incentive Skills<br>Program 11:AM –<br>1:PM.                                                                                    | <b>29</b>                                       |                                                                                |                                                    |